

October Tidelines

Cadboro Bay United Church

2017

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Dates to Remember

- Oct 1 - First Fruit Sunday
 - Young Adults Konnect
 - Pet Blessing @ St. George's
- Oct 6 - Jr & Sr. Youth Group
- Oct 8 - Thanksgiving Sunday
- Oct 9 - Thanksgiving Monday
- Oct 11- Council Meeting
- Oct 12 - Guided Meditation
- Oct 14 - Feasting Day #2
- Oct 15 - Selfie Sunday/Website
 - Young Adults Konnect
- Oct 20 - Jr. Youth Group
- Oct 21 - HP Practice Session
- Oct 22 - Sr. Youth Group
- Oct 25 - Indigenous Rights & Watershed Justice
- Oct 27 - Friday Friends
- Oct 29 - Grandmothers Muffin Sale
 - Young Adults Konnect

Cadboro Bay United Church
2625 Arbutus Rd Victoria BC V8N 1W4
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www.cadbayuc.org
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On what Foundations do we Build?

Mark Green

For the month October we will be using the lens of the parable about Rock and Sand (Luke 6:46-49). In this parable, Jesus invites his followers to consider what foundation they are building their life and **their faith upon. It's common knowledge and wisdom of course that building on Rock is more secure than Sand when it comes to our houses, but if we stretch the metaphor to our lives, it is really that black and white? If Jesus' teachings are about being counter cultural, how does this parable fit in?**



We live in a world in which the foundations on which we've built our lives are constantly changing.

What we once thought was true we find out is no longer. Foundations of power and privileged are being challenged by those who have long been the victims of the systems and structures that many of us have benefited from. Assumptions about what makes for a good society and a good culture are being turned upside down and competing world views can make us feel like all the foundations of a solid society have eroded. We can be left wondering what we can trust, how we can name values that are foundational to us while at the same time keeping an open heart and mind to the challenges and perspectives being offered. How we have those conversations in a fruitful way can confound us as well.

Foundations upon which we've built a faith community are also shifting like sand. For some this is frightening and it leaves them feeling like they don't know what to feel or how to be. For others this is an exciting time when the possibility of rebirth and renewal is real. Still for many, it's a mix of them all.

As we engage in the reVision process, all of these questions and reflections are forming in conversation, in journal reflections and in the process we are leading up to on Nov 24. On that day, we will gather, both those who have been in small group and anyone else interested, to name possibilities and explore what future foundations might be.

So...for the month of October, let us continue to dance on the edge, not sure if its rock or sand, but open to what is happening. Open to how we can engage each other. Open to listening to different voices and perspectives than our own .. And from that we can begin to name some of the building blocks of the foundation we are wanting to build upon.

Movie Night

Movie night for the rest of the fall will switch to the first Saturday of the month due to scheduling conflict. Therefore, movie night will be November 4 and December 2nd.

For November the movie will be *A Sense of an Ending* which deals with themes of forgiveness, remember and facing our past and looking forward with new eyes. Mystery, intrigue and dynamics of human failings pepper this fast paced and fascinating film. The trailer can be found at <http://www.imdb.com/title/tt4827986/> and snacks are provided. Discussion follows.



Kids & Youth Konnect

Jes and Hannah will be downstairs for the month of October playing, moving, listening, wiggling, creating and looking at the story of "The House Built Upon Sand." This is going to be a great unit. There are a few youth in Grades 4&5 who are older than the primary children, so a second curriculum has been planned to meet the needs for these kids before they transition to upstairs next September for Grade 6.



Maddy will be rocking with the older youth on Sunday AM's upstairs for the month of October following the same story. We hope you can join us.

Friday Friends - Grades 4&5

This group will meet on Fri Oct 27th at 6pm in the hall for some fun and socializing, feel free to bring a friend!



Jr. Youth - Grades 6 through 8

The dates in October which Jr. Youth will be meeting are Friday October 6th and Friday October 20th from 7-9 pm. On Friday October 6th we will be joining with the Sr. youth for a games and thanksgiving fun. It is going to be a blast. Friends welcome, come hungry. It is going to be fabulous.

On Friday October 20th we will be meeting at Galey Farms for corn maze and Halloween train ride. I will provide hot chocolate and snacks. If youth can bring \$13. If cost is in anyway a barrier send Jes and email or text and the cost can be covered. Dress warm! Hope to see you soon.

Sr. Youth - Grades 9-12

NOTE CHANGE OF TIME and DATE. We will be having a large youth group gathering with Jr. and Sr. youth on Friday October 6th from 7-9 pm at CBUC. There will be no gathering on Thanksgiving Sunday. Be prepared for mucho fun and games, connections and snack.

Sr. youth will also meet again on Sunday October 22nd from 7-9 pm.

Young Adults Konnect - 18-30ish

Will be hanging out and eating lunch after church on Sunday October 1st, 15th, 29th at CBUC. Lunch will be served, great conversation to be had, and as always a few great laughs.

Young Adults from CBUC and St. Aiden's will be engaging in the reVision process which will be led by Cheryl and Thomas Dennett. Cheryl you will find playing the drums alongside the choir and band on Sunday mornings. We thank them for leading and engaging the Young Adults in this process.

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All My Relations:

Learning Together on the Road to Reconciliation

FEASTING DAY # 2

THE CONVERSATION CONTINUES....

October 14

Beginning at 2:00pm

\$25/PERSON

\$15/STUDENTS & LOW
INCOME



- Gathering for Listening & Conversation 2:00pm - 5:45pm
- Dinner at 6:00pm

“A time of deep listening to hat is required to build a relationship of trust. Building trust requires continuity. What can we do to ensure that collaborative practices are sustained and maintained in our communities?”



**REGISTER @
CADBAYUC.ORG**

Open Online Course Available - Indigenous Canada

Indigenous Canada is a Massive Open Online Course (MOOC) through the University of Alberta that explores Indigenous histories and contemporary issues in Canada.

From an Indigenous perspective, this course explores key issues facing Indigenous peoples today from a historical and critical perspective highlighting national and local Indigenous-settler relations. Indigenous Canada is for students from faculties outside the Faculty of Native Studies with an interest in acquiring a basic familiarity with Aboriginal/non-Aboriginal relationships.

Topics Covered

- The fur trade and other exchange relationships
- Land claims and environmental impacts
- Legal systems and rights
- Political conflicts and alliances
- Indigenous political activism
- Contemporary Indigenous life, art and its expression



Course Format Delivery: Online

Level: Beginner

Commitment: 12 weeks of study, 3-5 hours/week

This course consists of twelve modules, each with a series of:

- Video lectures
- A set of course notes and course glossary
- And required and recommended readings

For more information visit

www.ualberta.ca/admissions/online-courses

October Is Selfless Selfie Month

If you're part of the CBUC community, you have access to a data base we call "CBUC Online." It's accessible through our website and it's a great way to connect names with faces....just like those old church directories used to do! Unfortunately, not everyone in our congregation has a photo and some of us have been looking 35 years old for a long, long time!

To solve this problem, we're calling October "Selfless Selfie Month" and encouraging people to take a new digital photo of themselves and/or their family and send it to Meghan or to this email address: cbucweb@gmail.com Don't be afraid to be creative and show some of your family's special qualities or passions.... family pets are welcome too!

If you need someone to take your photo, just speak to Susan Draper, Dan Reeves, or practically **anyone with a smartphone after the service is over on Sundays during October. They'd be happy to help you out.** A photo is a small thing that is really helpful to many people in our community, which is **why we're calling this action a selfless thing to do.**

On Sun Oct 15th we will have the whole communications committee and team available to help you with a number of items related to the website. We will also have folks available to teach you how to access the directory online, to take your photo and upload it, to show you how to navigate the website and to sign you up on PAR (pre-authorized remittance) if you so desire.



A large, leafy tree stands on a grassy hillside. A wooden treehouse is built high in the branches, with a sign that reads "LA CASA DEL ARBOL". A person is seen on a zipline, swinging away from the tree. The background is a misty, overcast sky.

Saturday

Nov 18 @ 7:30pm

2625 Arbutus Rd

Tickets \$20.00 @ cadbayuc.org

(ticket price includes admittance & appetizers)

- **Live & Silent Auction of a variety of items and services**
- **Local Beers & Wines (Cash bar)**
- **Appetizers from locally sourced foods**
- **Live Jazz featuring Louise Rose, Jeff Poynter & Friends**

Cadboro Bay United Church presents a Gala Fundraiser Event...

TO THE EDGE AND BACK

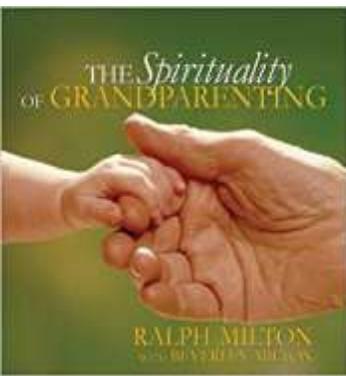
Tibetan Family Update

As of next month the family feels they will be able to support themselves! All three of them are working and in English classes at ICA. Choten Dolma, the daughter, has been promoted already at Value Village and loves her work there. She is going to attend the more advanced English classes at Camosun starting in January. Do Lamo, the Mom, finds taking English classes and working full-time a bit hard, but she is happy. She is proud to be a student for the first time in her life. Thank you again for all your support for this family.



Library News for October 2017

Our ongoing theme for this year is reVision – what kinds of changes will we make and live out? One part of our study is learning new ways of spiritual practice. What have you tried? What other ways of practicing are there and how available are they to observe and join into?

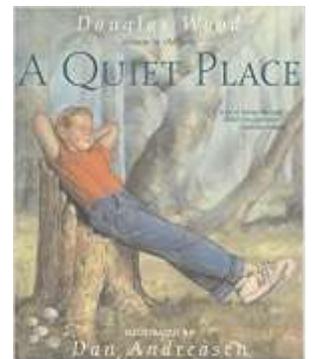
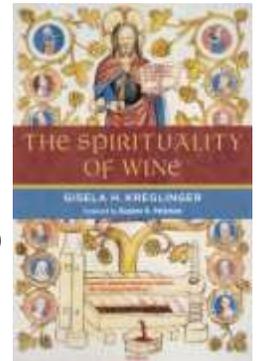


Some of the practices are already used in the church, such as Lectio divina, guided meditation, the labyrinth and journaling and you are encouraged to try them if they interest you.

There are numerous books in the Library to support your exploration of spiritual practice. Some of the ways of practice highlighted by the books probably surprised you as true spiritual practices. The titles to look for are: *The Spirituality of Mazes and Labyrinths* by Gailand MacQueen, *The Spirituality of Wine* by Tom Harpur, *The Spirituality of Art* by Heck, Lois, Kalnin and Jim Huey, *The Spirituality of*

Gardening by Donna Sinclair, *The Spirituality of Nature* by Jim Kalnin, *The Spirituality of 'Grandparenting'* by Ralph and Beverly Milton, *Centering Prayer and Inner Awakening* by Cynthia Bourgeault and the *Way of the Labyrinth* by Helen Curry

A couple of children's books that illustrate spiritual practices for younger children are, *A Quiet Place* by Douglas Wood and *The Always Prayer Shawl* by Sheldon Oberman. Keep your eyes open for new titles in the Library. There are lots of choices for people that like to read.



A Recycle Reminder!

The compost items go outside the kitchen door in the big green recycle compost container behind the door. Soft plastic (cookie wrappers and saran wrap) go in third container under the brown lid and FOIL LINED plastic goes in the first container under the brown lid. All lids are marked so it is a piece of cake. Thank you from the recycler!!!!



Dominion Deconstructing

Clare Attwell
Victoria, BC

Hand painted & commercially printed fabric;
machine stitched

55" x 38"

Genesis 1:28: "God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth'" (NRSV).



First Nations People refer to "All my relations", because they know it is, and always has been about relationships, - never our dominion over 'every living thing'!

As our domination based, Newtonian paradigm implodes, as our living systems, including our planet's climate, accelerate their trajectory towards extinction, can we begin to recognize that all of life is interconnected and interdependent? That every living being is a co-creating participant in this unfolding story? Are we open enough to hear the wisdom of our long forgotten ancestors and what our First Nation's brothers & sisters have been celebrating for eons? "All my relations"!

The Steering Committee of KAIROS: Canadian Ecumenical Justice Initiatives is meeting in Victoria and would welcome an opportunity to spend an evening with the diverse network of social & ecological justice activists working together in BC to build a better world.

Save the date!

Wednesday, October 25th

Cadboro Bay United Church

2625 Arbutus Rd.

doors open at 6:15

Honouring Ceremony begins at 7

Community Conversation 8-9



Our focus for the evening:

How to be Better Allies in the Struggle for Indigenous Rights and Watershed Justice

Panelists include **Jennifer Henry**, Executive Director, KAIROS Canada, and three other presenters still to be confirmed.



West Coast Bites, Drinks,
& Bold Ideas to keep us moving
forward in a good way!

RSVP: thegrays@shaw.ca



KAIROS Canada
faithful action for justice

reVision

CREATING A NEW VISION FOR YOUR CHURCH

REVISION small groups are now underway and meeting. Daily devotionals have also begun for most folks with journaling, readings and reflection time. **If you didn't get** the chance to sign up for a group but would still like to participate, you can still receive the daily reading, journal questions etc by

signing up online and entering your email information. There is a reVision button on our website that will take you directly to the signup place. We are out of books, so you will need to borrow one from the library or download it on your kindle or similar device. If you have trouble registering this way, phone or **email the office and we can register for you.** The reVision book, **"Christianity for the Rest of Us"** is available to download on your Kindle or similar device and we do have a few extra copies now available in the office.

Still wondering what reVision is?? This unique opportunity has been awarded to CBUC and St. Aidan's by our national church, and will enable us to work together to discern what our future relationship will look like with regards to vision and ministry. The exciting part is that we have no idea where we are going or what potentials are yet to be realized, but by listening to each other, we are opening ourselves to dramatically new beginnings. We are inviting everyone in the congregation to participate in some way. **Following these small groups and daily reading process, there will be a "Summit meeting" on** November 25th all day here at CBUC. Everyone is invited to be a part of this day regardless of what **parts you've done so far.** Our Sunday worships will also be exploring themes related to this project but also independent of the resources and readings that are being explored in the groups. Still have questions? Talk to any member of the core leadership team: **Wanda Walker, D'Arcy Wingrove or Mark Green.**

Parent and Tot program - Wed AM from 9:30 – 11 am

Our drop in program has started up again with a full house and lots of energy. We are pleased to announce that Erin McLeese has been hired to coordinate this program that is so popular in the neighbourhood and serves as an important outreach. Erin will also be our caregiver in the nursery on Sunday mornings as a bridge between the two programs.

Erin comes to us as a staff person and coordinator at Kids Klub here in Victoria with both training and years of experience working with young children. A soon-to-be mom herself, Erin is delighted to be connecting with the United Church again where **she was once connected as a child herself.** **"It feels like coming home in a way"** she said. **Welcome Erin.** We are glad to have you on board.



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First Nations Feast Day #2 - *The conversation continues* Saturday Oct 14th beginning at 2 pm

Building on the relationship that began at our feast in April, we are hosting a second feast to deepen the conversation and continue to build relationships. The committee met again with Bradley Dick, the indigenous facilitator of the last feast, and it seemed clear that our next step was strengthen the relationships that have begun and further cement the reputation we are growing between the communities as to CBUC openness and humility in the face of the task of reconciliation and healing.



We will gathering for a time of listening and conversation beginning at 2pm and going to about 5:45 pm with a break in the middle. We will then share in a feast together at 6 pm. This will be a time of deep listening to what it required to a relationship of trust. Building trust requires continuity. There are questions we must ask ourselves: What can we do to ensure that collaborative practices are sustained and maintained in our communities? Are there boundaries to what can be shared culturally? How do we create comfort and trust so that courageous moments become a part of our daily practices? How will openness build supports for all parties interested?

SALMON DINNER

50 pieces Wild Sockeye Salmon (teriyaki, dill, lemon sauces on side)

Prawns (lemon & margarine) on bed of Seaweed

10 pieces of Halibut or Cod (option for those allergic to salmon)

20 breasts of Chicken Rolls (feta & ham, option)

3 cheese Scalloped Potatoes (feta, parmesan, cheddar)

Wild Rice

Green Salad

Fabulous, Hot Fry Bread (homemade / triple-Gobind -berry jam & margarine)

Lemon Squares, Cream Cheese Brownies, Gluten-Free Fudge Cookies

Tickets are now on sale through the website, the church office and after church in the hall. Deadline for tickets is Tuesday Oct 10th.

Guided Meditation, Body prayer, awareness & breathing:

This is a new opportunity to experience a yoga like meditation experience that helps you become aware of your body and its connection to your spirit. Noelle Lucas, a member of CBUC has been practicing yoga for over 20 years and has been teaching a variety of forms of this embodied prayer since 2011. She has offered to lead an introduction here at CBUC. Sessions last between 45-60mins. The survey indicated that the preferred time was Thursdays from 4:00- 5:00pm and will begin on Oct 12 and run 4 weeks until Nov 2. All are welcome. This group will meet in the Sanctuary.

Remember also that the Labyrinth in the hall is open Mondays and Thursdays from 11:00am to 1:00pm for anyone to walk and meditate while doing so. As a part of the reVision program, we are inviting folks to experiment with a variety of new and familiar spiritual practices, in addition to the daily journaling and reflection that is part of the program.

Project Connect – Thanksgiving Offering

Thanksgiving Sunday is Oct 8th and we will be celebrating intergenerationally with the theme of Rejoice and Give Thanks. Each year we have an additional offering we make on Thanksgiving and this year is no exception.

Once again we will be partnering with the Coalition to End Homelessness and with Our Place to help provide items for their annual resource fair. We have committed to providing gloves, mitts, scarves and toques again this year to help those living on the margins to keep warm during the Victoria winters. In addition this year, we are being asked to help with the provision of backpacks that the items might be able to be placed in. Many of those living on the streets carry with them all their worldly possessions and a backpack becomes an important tool to keep some personal items safe. Items can be dropped off starting now in a large bin in the Narthex, all the way until Thanksgiving Sunday.



Educational Study Tour – Palestine and Israel Friday April 27 – Saturday May 12, 2018

If you have ever been curious to see with your own eyes and hear with your own ears the sights and stories of the middle east, now is your opportunity. Mark will be taking a group of up to 15 to visit the historic and religious sites of Palestine and Israel. A packed 14 day itinerary will expose you to the people, places and areas of interest and concern. We will meet with both Palestinian and Jewish leaders to hear their stories and perspectives. We will meet with a number of justice organizations who are seeking to bring about peaceful solutions to the challenges of the middle east. We will also visit a significant number of places in the life and ministry of Jesus. Through this 14 day experience you will gain a greater understanding of the complexity and places for hope in the conflict in the middle east. Each day will include a time of debrief. A complete itinerary is available to those expressing interest in the trip.



Cost is \$4550 CDN and includes all hotels, guides, air conditioned ground transport, breakfast and dinner, tips for hotels, drivers and guides, all entrance fees including boat ride across the Galilee, cable car at Massada and Jericho, speakers fees and a few lunches. Pre trip orientation sessions for those based out of Victoria will also be offered to prepare you for the experience. (Single supplement is an additional \$880)

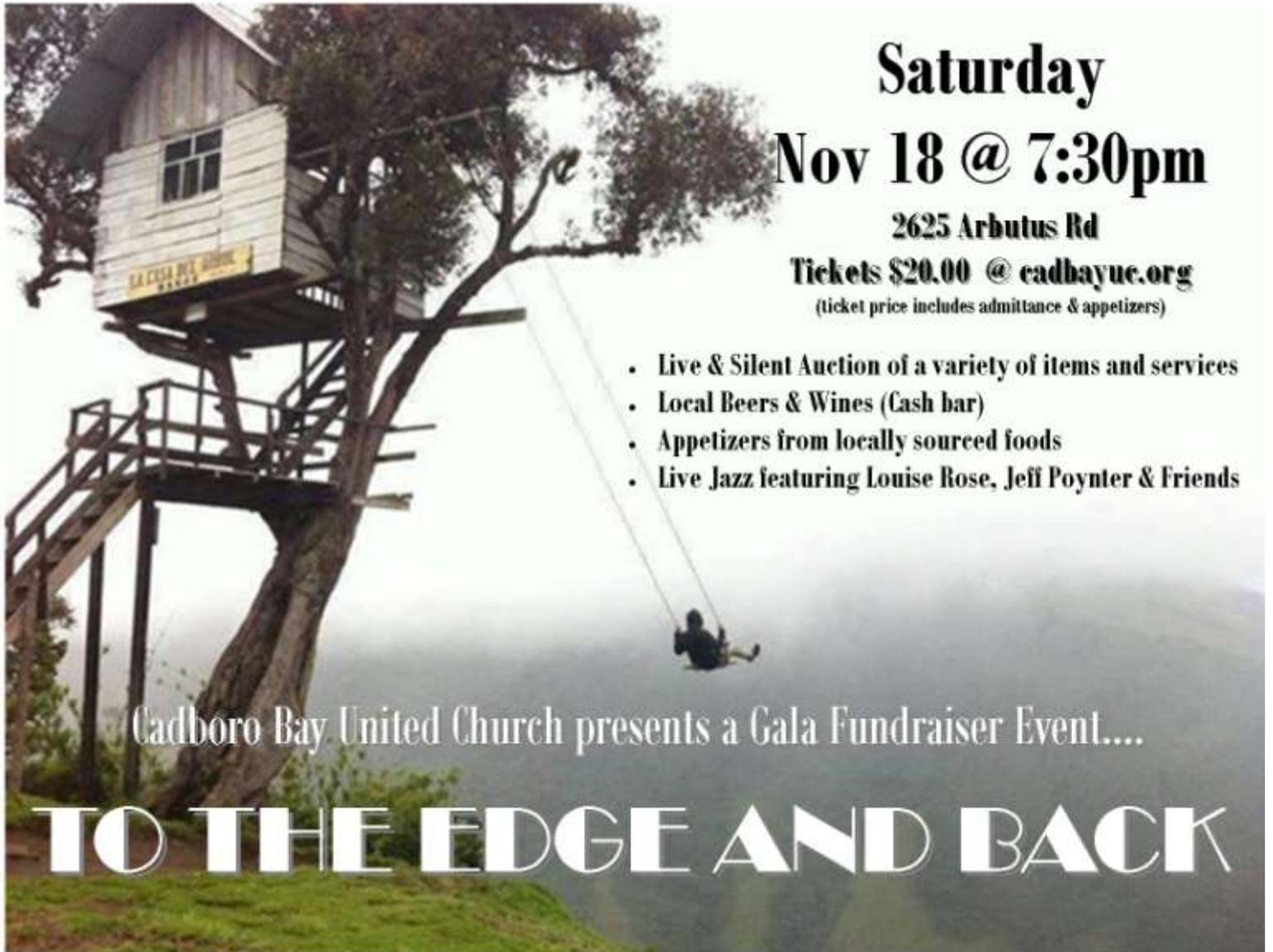
Not included: Air fare is not included so that people are free to book using airmiles if they wish or creating their own itinerary with other stops enroute before or afterwards. You MUST arrive in Tel Aviv by Friday April 27th. Travel and health insurance is also up to each individual to provide and secure. You will need a valid passport whose expiry date is more than 6 months past May 12th. No Visas are required for Canadian citizens to enter Israel.

An information and Application form is required of each person expressing interest. Significant walking is involved.

Fall Jazz night and Auction NOV 18th

To the Edge and Back: an evening of local jazz, food, wine and beer.
November 18th beginning at 7:30 pm

Building on the success of last years event, we will again offer the opportunity for all those who are lovers of local foods, beverages and music to gather for an evening of fun. A silent and live auction will also happen during the evening. Appetizers sourced from local producers, beers and wines from several of BC many craft breweries and wineries and music from our own esteemed local jazz ensemble will make for another wonderful and magical evening. Fun items for auction will round out the experience that you can be proud to invite friend and neighbours to. Tickets are \$20 each which covers food and entertainment. A cash bar for wine and beer and complimentary soft drinks and sparkling water will also be available. Payment on the night of the event for auction and bar items can be made by cash, cheque, Mastercard or Visa. Tickets are now on sale and available on the church website. There **is a limit of 250 available. Don't delay and be disappointed.**



Saturday
Nov 18 @ 7:30pm
2625 Arbutus Rd
Tickets \$20.00 @ cadbayue.org
(ticket price includes admittance & appetizers)

- Live & Silent Auction of a variety of items and services
- Local Beers & Wines (Cash bar)
- Appetizers from locally sourced foods
- Live Jazz featuring Louise Rose, Jeff Poynter & Friends

Cadboro Bay United Church presents a Gala Fundraiser Event....

TO THE EDGE AND BACK