January Tidelines 2019

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Dates to Remember
Jan 6 - First Fruit Sun
- Grandmothers Muffin Sale
Jan 11 - Jr. Youth Group
Jan 13 - Young Adults
- Soup Sunday
- Intercultural Workshop
- Sr. Youth Group
Jan 15 - Family Fun Night
Jan 17 - Thurs Study Group
Jan 18 - HP Phase 1
Jan 21 - Who is my Neighbour?
Jan 25 - Jr. Youth Group
Jan 26 - Healing Pathway Practice
- Movie Night
Jan 27 - Grandmothers Muffin Sale
- Sr. Youth Group
Jan 18

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As the new year began, members of the CBUC council and a few guests from St Aidan’s met over wine and cheese to ruminate about our next steps together. I asked the question: “As the new year begins, what for you as leaders are you excited about and nervous about in terms of the changes ahead?”

Most answered that they were excited to be a part of building something new from the ground up, of having the opportunity to shape the direction of a new response to the challenges of our current world, communities and neighbourhoods. People spoke about wanting to create multiple ways for people to connect in with “church”, ways that enabled them to be empowered and to traverse the challenges of things like social isolation, economic disparity, climate change and sustainability, intercultural diversity and reconciliation. And when it came to fear, it was that we might lose momentum or not take bold enough risks or steps to really create something new and innovative with the opportunity that has been given to us. I left the evening feeling inspired and uplifted at the courage of the various leaders and the vision of what might be that is beginning to emerge.

Over the next few weeks, the phrases and ideas that were generated at that gathering and through the various discussions, small groups and summits of the past 18 months, will find their way into an articulated vision statement that will become a guide to the next phases of our exploration of amalgamation together. This vision statement will hold up for us places we see ourselves going and exploring as the working groups get underway on Jan 6th to do research and discern next steps and phases. The joint council will also meet again at the end of the month to review a few grant applications being submitted to the ProVision fund and a few other places.

So, as each step of exploration unfolds, we will attempt to engage all of us on a variety of levels to share ideas and thoughts, hopes, dreams and fears. But always we will keep in front of us the call we have from God to be faithful stewards of the legacy and traditions of caring community we have inherited. We will seek to be the church for today and for tomorrow, to try and be ahead of the wave and not just treading water to keep up. Your prayers and encouragement of the leadership will be appreciated and we all have something to contribute to the conversation.

As we step into 2019, we do so with courage, lifting anchor and adjusting the sails and we sail upon the unchartered seas before us. We have the stars to guide us and companions along the way and a resilience we have learned to keep us responsive to the tides and the winds. It’s a great time to be alive.

**Who Is My Neighbour?**

Mon Evening Study Series: Jan 21 – Feb 11th 2019  7-9pm  CBUC Campus

“Who is my neighbour?” was the question asked by Nicodemus of Jesus to which the parable of the good Samaritan was the response. Even in the 21st century, we find the same question still being asked. In the 1970’s children’s TV series “Mr Roger’s Neighbourhood” Fred Rogers took a unique and cutting edge approach to lay a foundation for a whole generation about how to see the world and its people in a different way. Subtle yet profound, his insights are still important several decades later. Combining the use of scripture and the documentary “Won’t you be my Neighbour” we will examine the question of neighbourliness and it’s implications for today.
**Kids & Youth Konnect**

We have created a new model for the children and youth who come to worship on Sunday mornings. The preschool and kindergarten kids have their own space which is located in the library. To find this space, go through the main doors, left into the hall and straight ahead you will find the library! The grades 1 through 4 get to konnect in the lounge, which is kiddy corner to the kitchen, and across from church office. Youth remain to gather upstairs!

For one whole month, the duration of a biblical story, the children in each group have the same leader. There is one leader that is designated as the float position and will usually be in the Grades 1-4, but has the possibility to pop up with the P&K’s.

For the month of January, you can find Josh with the P&K's, Jes with the Grades 1-4, and Maddy upstairs with the youth! We are so excited to be exploring Epiphany and the theme of Salt and Light with the Children and Youth.

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**Jr. Youth Group:**

January 11th and 25th are the dates and time that Jr. Youth will be meeting in January. Friends are always welcome to attend and snack is always provided. On Friday the 11th Jr Youth will be skating at Oak Bay Rec from 7:30-9pm and the 23rd will be meeting from 6:30-8:30 at CBUC.

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**Sr. Youth Group:**

Sr. Youth is happening twice in January on the 13th and 27th from 7-9pm. Friends always welcome and snack provided. Excited to see you all!

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**Family Fun Night - Jan 15th**

We have created new programming this year for Family Fun Night. The church will still provide a FREE evening including dinner, and programming to families connected to CBUC and St. Aidan's nited Church, as well as anyone who walks through the door. So, invite any friends and neighbours who would enjoy community. Mark and Friends will be cooking up a free to you community dinner. Intolerances and allergies can be accommodated, just let Jes or Mark know.

Come and Join us for on Tuesday January 15th from 5-7pm. The evening format will be 5-5:45 Intergenerational/Family games and or activities. Grace & Dinner from 5:45ish. Separate children and adult programming from 6:15ish -7 pm. We hope you can join us for this amazing evening.
Intercultural Mini Workshop

Sunday Jan 13th following worship and lunch @ CBUC Campus

Join us of the 4th in this series of Intercultural Awareness and Understanding. Julie Ng is our facilitator who brings an abundance of experience and insight in the area of Intercultural issues.

Following worship we will share in a light Lunch for Soup Sunday and continue our intercultural exploration. Whether you have been to any of the previous sessions or not, you are welcome to attend. This month we will be talking about "The Culture of Canada". You might think you are familiar, not?! Come and see with new eyes.

For those ready to engage in other parts of the exploration, the following are also available:

Thursdays at 2:30pm-4pm @ St. A’s Campus
For those who are interested in our conversation group with new Canadians and an ESL format, we will resume our session on Jan 3rd. In this new season, we will start with "Your Story", then alternate with "Jesus's Story" till Summer time.

1st Sunday Lunch - Jan 6, 2019
If you are interested to have a quick and casual lunch at this Sunday, lets meet up at 11:30am by the entrance hallway at St Aidan’s. With the limited restaurants open on Sunday around St. Aidan's, we are likely to try the Vietnamese noodle place by Tim Hortons. Please email me or text me if you have not registered so I could reserve an appropriate number of seats for our group. Julie Ng at nghongkong@hotmail.com.hk

3rd Sunday Mini Workshop - Jan 20, 2019 @ St. A’s campus
Following worship, we will continue more conversations utilizing "Cultural Iceberg Model" in this coming few months.

Sabbatical Time on the Horizon

United Church policy allows for and encourages Ministry personnel to take sabbatical time after every 5 years served in a congregation. It’s been more than 5 years since Mark was last on sabbatical and thus he will be taking leave during the 2019 year to pursue some time for study and renewal. He will be away March 1st through to approx. June 9. During that time he will be researching and visiting faith communities who have been experimenting with being and doing church differently than a typical Sunday morning worship experience, particularly in the context of a post Christian era.

His study will take him through parts of the western states and perhaps Australia. Interfacing with communities to learn what has worked and not worked, interacting with leaders and research, he hopes the insights gained will help him in his leadership in the next phase of our unfolding vision of Church.

He will also spend time decompressing and renewing his spirit and energy with some travel, connection with mentors and colleagues, reading, hiking and gardening. Plans are still in progress and more details will be shared in the February newsletter.
Thursday Study Group:
**All our Relations – 2018 Massey Lecture Series**

**Time**: January 17 – Feb 14 2019   1pm – 3 pm   CBUC Campus

All Our Relations: Finding our path forward - is the title of 2018 Massey Lectures exploring reconciliation in Canada. Prize-winning journalist Tanya Talaga (author of Seven Fallen Feathers) explores the legacy of cultural genocide against Indigenous peoples — in Canada and elsewhere — in a highly engaging narrative approach. As a group we will listen to the lecture together and then discuss what we have heard and the implications there are for us as a city, church and country. Printed version of the lectures can also be purchased in advance if you wish to read them through Bolen’s, Munro’s or Russell’s books in Victoria.

**Annual General Meeting - Sunday Feb 24th**

Our annual congregation meeting date has been set by Council as Sunday February 24th following a shortened worship service. This is an opportunity for the congregation as a whole to ask questions of its leadership, to review the year’s activities, financial reports and budgets for the 2019 year. It is also the time when Gratitude is offered to those who have served in leadership and those who have offered themselves to be nominated to new positions. Annual reports will be available online approx. 2 weeks in advance of the meeting. Mark the date on your calendar now.

**Movie Night: Saturday Jan 26 at 7pm**

Rebels on Pointe - a light yet poignant documentary film celebrating Les Ballets Trockadero de Monte Carlo -- the all male, drag ballet company founded over 40 years ago on the heels of New York's Stonewall riots. The company has performed in over 500 cities and 33 countries, and has a cult following around the world. The film juxtaposes exclusive, behind-the-scenes access and intimate, character-driven stories of its dancers, highlighted by amazing performances shot around the world. Rebels on Pointe ultimately celebrates our shared humanity through universal themes of identity, dreams, family, love, loss, determination and resilience... proving that a ballerina is not merely a woman dancing, but an act of revolution in a tutu. A exploration of risk taking and daring to challenge the status quo. Trailer can be viewed at [https://www.imdb.com/title/tt6094970/videoplayer/vi1994635545?ref_=tt_ov_vi](https://www.imdb.com/title/tt6094970/videoplayer/vi1994635545?ref_=tt_ov_vi) Beverages and snacks are provided and discussion follows. All are welcome to join us.

**2018 Tax Receipts**

Tax receipts for givings for 2018 will be available for pick up Sunday February 2nd. Those that haven’t been picked up by February 10th will be mailed out. Thank you for your continued support.
Theologian and artist Bob Haverluck, and actor and musician friends, will be sharing stories from Bob’s Book: “When God was Flesh and Wild: Stories in Defense of the Earth.”

With the help of story, song, drawings, reflections and conversations, the well being of the whole watery animaly earth will be unfurled as a golden thread running through Hebrew and Christian scripture.

Bob has led conferences and workshops on “art, faith and peacemaking with the earth” in Chicago, Toronto, Cape Town, Vancouver and Winnipeg.

Victoria

Session 1: Wed Feb 6 @ 9:30 am - Noon
Session 2: Wed Feb 6 @ 1:00 - 3:30 pm
Bag lunch encouraged if attending both sessions
Cadboro Bay UC, 2825 Arbutus Road, Victoria

Session 3: Friday Feb 8 @ 9:30 am - Noon
Cordova Bay UC, 813 Claremont Ave, Victoria

Parksville

Session 1: Sat Feb 9 @ 9:30 am - Noon
Session 2: Sat Feb 9 @ 1:00 - 3:30 pm
Bag lunch encouraged if attending both sessions
Sun Feb 10 @ 10:00 am Morning Worship
Knox UC, 345 Pym Road, Parksville

SUPPORTED BY THE UNITED CHURCH OF CANADA’S SEEDS OF HOPE AND PROVISION FUND
Soup Sundays
Over the next 3 months our Soup Sundays will happen on the 2nd Sunday of the month to coincide with Intercultural Workshop. But whether you are attending those or not, you are invited to attend these lunches. A light lunch of homemade soups and buns are available in the hall at no cost and you are invited to attend and invite a new friends in the congregation to join you so you can have a longer conversation over a meal. Vegan and Gluten Free options are always included in the choices.
Worship committee takes responsibility for hosting these lunches and they welcome any soup makers who would like to provide one of the two soups, to contact Sarah Porter. Help with clean up is also always appreciated.

Thank You for Giving in 2018
The council and staff of CBUC would like to thank everyone for their generosity in 2018. Your donations to the ministry of this congregation makes a difference in countless lives. Our partnerships with other agencies is enriched by each contribution and allows all of us collectively to have an impact.

From the weekly or monthly donations of cash, to the participation in giving through programs like the First Fruits, Angel gifts, Baby shower, gift cards for benevolent funds, Foundation gifts and bequests, each contribution signals a commitment to living out our faith.

In addition the countless hours of volunteering for church events, programs and outreach initiatives are too numerous to be even able to calculate. Add to that the huge number of volunteer hours given to other organization as an outgrowth of ones faith and values, and you can see the ripple effect that all this giving has had to our community and around the world. So thank you to you all. Together we have been a living example of the presence of Christ in the world.

Young Adults
YA will be meeting on Sunday, January 13th and 23rd for worship, food, and fun! This group is for those who are 18-30ish and want to connect with other young adults from cbuc, and other local congregations. Come and join us on Sunday the 13th for worship+free lunch+program. Come and join us Sunday the 23rd as we prepare delicious food for AIDS Vancouver Island for their food drive. Stay tuned via Facebook, email and text for more information!
Enneagram Workshop  February 8th & 9th
Friday Feb 8 from 7-9 pm; Saturday Feb 9 from 9:30 am – 3:30 pm
Cost: $40 per person  $15 for students or low income
(includes handouts, Lunch and refreshments)

The Enneagram is a powerful and dynamic personality system that describes
nine distinct and fundamentally different patterns of thinking, feeling and acting.
These patterns determine what individuals of each personality type pay attention
to and how they direct their energy and behaviour. In addition, each of the nine
patterns is associated with an underlying motivational energy which helps to
explain why we do what we do. Discovering your enneagram personality type
can help you bring positive change into your life by providing practical tools for
navigating your everyday life. It can give you insights into your self and others
and can help each of us to live more fully connected to the essence of who we are. The Enneagram was first and
foremost a spiritual tool and as such offers us powerful assistance in integrating the spiritual and personal
aspects our lives.

Friday Evening we will use the tool to find out what number on the Enneagram you are and the basics of the
pattern as they apply to you. If you did the mini workshop last year, this will be similar and a reminder if you’ve
forgotten.

Saturday, we will dive deeper into the Enneagram learnings and insights as they apply to understanding
ourselves in relationship to others (partners, parents, children, grandchildren and friends). Understanding these
dynamics can be key to changing long standing patterns that may longer be serving us well.

Lunch will be served and advance registration Is required so we know what materials and food to prepare. You
can register online or through the office in person or by phone.

Presenter: Catherine Fouracre M.Ed, MCC, RCC Catherine has been studying the Enneagram for over 20 years.
She is a Registered Clinical Counsellor and Workshop presenter.

Music Ministry Notes
As we enter a new year I thank you those members of the choir,
congregation and the varieties of players who’ve contributed
energy, commitment and ongoing participation in CBUC’s
dynamic music ministry during 2018.

I’m grateful for your support and subsequent comments.
Thanks to Mark, Jeff, Cheryl and Kato for more than I can even
begin to express in this limited space.

For those of you who have an interest, choir rehearsal resumes
at 7:30PM on Thursday, 10 January in the lounge.

Blessings and thanks,

Louise Rose
Christmas Thank You
We once again offered 3 different Christmas Eve experiences for members of the congregation and community at large to participate in on the 24th of December. Each service was especially designed for a specific demographic of folks to convey the message of peace, joy and love at Christmas time. Over 400 people attended one of those three services with positive comments related by many. However, none of this would have been possible without a whole host of volunteers and work behind the scenes.

- A big thank you to Jes for the creation of the crowns and star wands, and many of the costumes in the 4 pm service.
- A thank you to those who helped sew costumes, hang decorations, place candles out for each service inside and out, who created powerpoints, Christmas card handouts, prayers and reflections.
- A huge thank you to those who memorized lines, dressed up and acted in the play at the 7pm service. Who came to rehearsals and sang solos and took risks so others could experience Joy.
- A shout out to our musicians that played before, during and after each service and brought amazing energy and skill to the music, weaving in fun, inspired and grace-filled themes.
- Thank you to those who ran the media at the back, the lights, sound and powerpoint.
- Thank you to those who greeted at the door, ushered people to find seats, handed out cards and candy canes at the end and gathered up candles.
- Thank you to the point person at each service from the worship committee who oversaw the details to make sure things ran smoothly behind the scenes.
- Thank you to those who set up the signs in the front garden and changed the lettering on the front sign before and after Christmas.
- Thank you to those who cleaned up after it was all over and put things away, vacuumed and swept and locked up the doors.

So many people who did so many things. We are Grateful to you all.

Healing Pathway Phase 1 Workshop
Jan 18th, 19th & 20th - CBUC
(sponsored by Victoria Healing Pathway)
Life is busy and at times things can feel overwhelming. Are you looking for a place of calm in the storm? Come and be in a safe quiet place as you learn about and explore energy in new ways. Leave feeling empowered to support yourself and others in the challenges of everyday life.

Fri 6pm - 9pm, Sat 9am - 5pm, Sun 1pm - 5pm. To register, pick up a brochure on the bulletin board in the hallway or download one from http://victoriapresbytery.org/wp-content/uploads/2018/11/2019HP-Phase-1-Brochure.pdf
Coldest Night of The Year Fundraising Walk for Our Place: We need each other!

Our Place Society is sponsoring an evening walk on February 23rd in solidarity with Victoria’s homeless community.

St. Aidan’s and CBUC have joined together to create a walking team called the Holy Walkamolies. Each person does their own fundraising (details here: [https://cnoy.org/location/victoriapandora](https://cnoy.org/location/victoriapandora)) We will walk for 2Km, 5Km or 10Km through the streets of Victoria on February 23rd, starting and ending at Our Place Society on 919 Pandora Avenue. The evening includes music, food, entertainment and prizes as well as a chance to meet and connect with the homeless community we are supporting. This is a family friendly event, appropriate for all ages!

If you are interested, register under the team name - Holy Walkamolies. Pledge sheets, waiver forms, and result forms are all available to download from the website. Our team captain is Maureen Koch who can be reached at this email: maureenfkoch76@gmail.com

If you are unable to walk but would like to contribute to the team’s fundraising goal of raising $1000 for Our Place, go here: [https://secure.e2rm.com/registrant/TeamFundraisingPage.aspx?teamID=838440](https://secure.e2rm.com/registrant/TeamFundraisingPage.aspx?teamID=838440)

Christian Fascism and the Rise of Donald Trump

The John Albert Hall Lecture Series
Thurs Jan 17th 5pm-6:20pm - Hickman Building 105, University of Victoria

In this free public lecture, author and activist Christopher Hedges discusses the current state of religion and politics in the United States.


Light refreshments will be served
For more information visit [uvic.ca/csrs](http://uvic.ca/csrs) or email csrs@uvic.ca

Baby Shower for Jesus

Once again, our congregation has been very generous in their support for the “Baby Shower for Jesus”. These supplies go to support young families living on the margins at this immediate time following Christmas as well as throughout the year. YPSN (Young Parents Support Network) wishes to extend their heartfelt gratitude for the generosity of so many that sends an important message of love to those who often feel forgotten. Thank you CBUC.