

November Tidelines

Cadboro Bay United

2019

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CULTURAL SHIFTS AND FINDING OUR WAY

“Whether thou goest I will go. Whether thou lodgest, there shall I lodge. Thy people will be my people now, where thou goest I will go “ Ruth 1:17

The book of Ruth was written as a counter to some of the cultural and racial prejudices of the time. There were those within the Israelite community that felt that the Hebrew people should remain pure and that God was only concerned with them. This story stands as a countercultural one in both subtle and non-subtle ways. Naomi, the mother-in-law, and Ruth, the Moabite, have lives that become intertwined through famine, marriage and death. Naomi and Ruth form a bond that connects them as women across generational lines, cultural lines and religious lines. And at the end of the story and down through the centuries, Ruth the foreigner, becomes part of the lineage of Jesus according to the genealogy we have in Matthew.



Its was an important countercultural story in it's time and it is still today. If you've read either the original vision we approved at the AGM in March for an Regional church or the proposal for amalgamation that was distributed recently, you will know that the goal of becoming an intercultural church is at the forefront of our vision and the vision of the national church. We began last year our monthly intercultural educational sessions and we have continued them this year. This is but a small baby step in the direction that we will need to be headed next year. **We will need to look at ways to add paid and volunteer leadership that is more diverse in its' origins and to listen** carefully and deeply to the perspectives shared. We will need to take seriously the goals outlined in the **national church's vision of what it means to be an intercultural church in the coming years if we want to be** authentic to being reflective of the society that is our context. The gifts and opportunities of opening ourselves to this are many and at times the change will be challenging as we learn to let go of some of our past ways of doing things and of being the dominant culture and in control. Yet this diverse family of God is an amazing rainbow of peoples and we should embrace its full breadth and depth.

As we journey through the book of Ruth, we will confront attitudes of discrimination, use and abuse of power, bonds that transcend traditional boundaries and a willingness of each of the characters to find a new way forward. The story stands as yet another example and metaphor for us as we also find our way forward this year. May we all be willing to make this journey together.

SECOND SUNDAY INTERCULTURAL WORKSHOP - NOV 10 @ 12:15PM WITH JULIE NG

Following our simple soup lunch at 11:30am, you are invited to join others for our monthly workshop at 12:15pm. This season, we share many perspectives of cultural interpretation. While we are not surprised about having differences, we will be surprised to find out the different meanings of the differences!



SOUP SUNDAY RETURNS! NOV 10TH

Fall is back and with it our regular schedule of soup Sundays. Our first one of the season will be November 10 following worship. There is no cost and this is a chance for all ages to gather together to share in a simple meal of a bowl of soup and a bun and engage in conversation with those you know and **those you don't know. Everyone is welcome!**





KIDS KONNECT

Welcome to a new month of exploration as we dig into the story of Ruth and Naomi. We will create shared experience of acceptance and inclusivity and making difficult decisions as we journey to finding our way.



YOUTH GROUPS

Junior Youth Group – Students in grades 6, 7, and 8 are invited to come out and join the fun as we build community together with games, activities, snacks and lots of laughter! Bring your friends! This month we meet on Fridays, November 1st, 15th and 29th in the hall from 6:30 – 8:30.

Senior Youth Group – Students in grades 9 – 12 are invited to get together in a safe place to explore faith, friendship and lots of fun! Invite your friends to join us! This month we meet on Sundays, November 3rd and 17th, in the hall from 7:00 til 9:00.



PARENT AND TOT

This is a free drop-in playgroup for parents and caregivers and children younger than 5 years old. Come and join us on Wednesday mornings from 9:30 til 11:00 for a chance to socialize and play in an informal, family atmosphere. Coffee and tea are provided for adults and a snack for the children – free of charge.



YOUNG ADULTS

Our Young Adults group is for anyone who has graduated high school up to the age of 30. We gather together every second Sunday for a free lunch and an opportunity to create community in which we can love, lead and accept radically. This month we will gather on Sundays, November 3 and 17th, in the hall after worship and as coffee time winds down.



SUNDAY MORNING GREETERS AND USHERS

You are invited to our annual greeters workshop and appreciation tea on Nov 18th at 2pm. This will be a chance to get acquainted with those who have been greeters in the past, oriented to the needs and expectations and have some reminders of what it means to be a welcoming presence at the door Sunday mornings. Our time together will be about 90mins and will include laughter and **insight as well as an opportunity for the worship committee to express it's appreciation to all who serve in this way.** **If you have been thinking you'd like to join this team, let either a member of the worship team know or contact the office and we will put you in touch with them.**



GREATER VICTORIA ACTING TOGETHER

CBUC continues its support for Greater Victoria Acting Together (GVAT), which is undertaking research on Housing Affordability and Mental Health as its two top **priority issues for local action.** **This month, GVAT will convene a Delegates' Assembly on the afternoon of Nov 24 (the same day as CBUC's amalgamation vote!)** to update member organizations on progress. This will be an opportunity for member organizations to get to know others better, to meet the new full-time staff person (Chet Phillips), and to review progress in framing key actions for both of the two priority issues. Details of agenda and venue will be announced soon. CBUC should be prepared to send 3 or 4 people to this event. Research on the two key issues continues, with policy proposals to be negotiated with local governments early next year, leading to a Founding Assembly to promote policy actions in April 2020.



BLUE CHRISTMAS - A Service of Solace - Sun Dec 15th @ 7pm

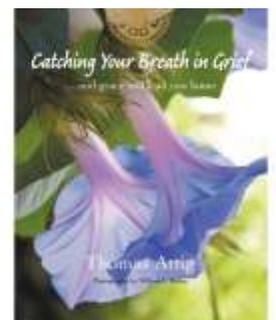
Christmas is not a joyful occasion for everyone. There are many reasons why this season can be difficult; loss of a loved one, broken relationships, loss of health, loneliness, painful memories, feeling overwhelmed by the preparations for and busyness of the season, expectations of others, seasonal affective disorder (SAD). The service features gentle readings and reflections, music and candle lighting, giving the opportunity to acknowledge and live into some of these feelings and make room for hope and new life to enter. Through the power of ritual, we will have the chance to grieve and let go, and enter gently into a new place ready to experience Christmas anew. All are welcome to attend and you may wish to invite a friend or neighbour who you think might benefit from this experience.



Following the service there will be hot apple cider and Christmas treats and a time for meeting with others and **sharing in conversation.** **This service is a joint offering with St. George's Anglican Church and hosted by the Pastoral Care Committee.**

THURSDAY STUDY GROUP: Session 2: Companionship Death - Nov 14 - 28 (1pm-3pm)

Working with the newly publish book "Catching Your Breath in Grief" by Tom Attig, we will explore in 3 sessions what it means to both support other in their last weeks and days and how to care for ourselves during and after the death. None of us is untouched by the loss of others in our lives who are important to us. And whether their death is sudden or prolonged or somewhere in between, we are continuously confronted with the mortality of others in our lives. These three sessions will give us some more tools to navigate these times. Author Tom Attig will be joining us for two of the sessions as well. Copies of the book will be available prior to and during the class for a cost of \$12.50 through the church office.



December 4, 2019
5:30pm



Ladies Christmas Dinner

Appetizer

Simply Green Salad with Champagne Herb Vinaigrette
Carrot Cinnamon Salad

Entree

Chicken Breast in Mushroom Sauce
Steamed Basmati Rice
Seasoned Vegetables

Dessert

Apple Pie Tarts & Ice Cream



Tickets \$30/each
Avail Nov 10th & 17th

Vegetarian, Gluten Free, Dairy Free Option
Vegetarian Chili



Donations of gloves, hats,
mittens, scarves and cash will
be accepted for Our Place

"Just Like Family Home Care®" is one of the leading senior home care service providers in British Columbia. They offer clients reasonable rates and customize care services to fully meet the needs of loved ones.

"Just Like Family Home Care®" in Victoria is currently looking for a full-time "Community Health Director" to join our management team and help grow our home care services on Vancouver Island.

Reporting directly to the Board, the Community Health Director is responsible for client care (assessments with potential clients and family members, caregiver introductions etc) as well as the hiring and supervision of caregivers.

A second key role of the Community Health is to increase the company's revenue through sales and marketing activities in the healthcare field (including exploring and pursuing new referral sources, to maintain and solidify relationships with existing sources, social workers, people in hospitals and care facilities) and other community activities (networking events, meetings, community events).

A few of the requirements for this position:

- Reflect the core values of "Just Like Family Home Care®"
- College degree or equivalent work experience
- Self directed with strong management and people skills
- Valid Driver's license
- Sales/marketing experience an asset
- Previous experience in the healthcare field a definite advantage

In return, the company will offer:

- Competitive and generous retribution (fixed salary plus commission)
- Fully paid Health/Dental benefits
- Company car or car allowance and phone
- Flexible schedule

The position is available ASAP.

If you think you are suitable and would like to apply for this position please send us your resume together with a cover letter to JLFVictoria9@gmail.com

ANGEL GIFTS

This year we will once again be participating in the Angel Gifts program through Our Place Society. We will have approximately 60 names of people in need. The Angel Gifts tree will go up on November 24th decorated with cards. On each card is the name, age, and size of a person in need. When you choose your card please be sure to let the coordinator know what number you have. You are asked to purchase a NEW gift in the amount of \$40-\$50. Gift ideas include, hoodies, sweaters, jackets, toques, gloves, scarves, etc. Gift ideas and instructions will be printed on the cards so you have all the information readily available to you. You must have your gift returned to the church no later than Sunday December 8th, wrapped with the front of the card taped to the gift. Thank you for your continued support of this Our Place ministry and project.



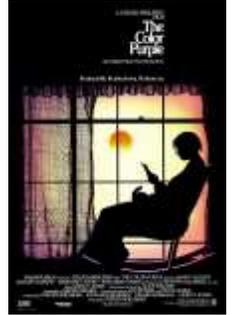
REMEMBRANCE DAY

On Sunday, November 10th, we will honour Remembrance Day with our customary laying of the two wreaths; the red poppy wreath of remembering those who have served in war time and the white poppy wreath of our commitment to peace and the ending of war. This will be followed by the last post and our observance of a minute of silence. This is an all ages ritual to help us remember and never forget that we might no repeat our mistakes of the past. We hope you will join us.



MOVIE NIGHT - SATURDAY NOV 30TH, 7PM

The story of Ruth is the story of two strong women who must work through adversity and patriarchy to survive and find meaning together in life. While it is an older and familiar film, we will be showing again *The Color Purple* as our movie this month. This brilliant film lifts up so **many of the themes we are dealing with this month that it is worth a revisit.** Whether you've seen it before or not, we hope you will join us for both the movie and the discussion that follows. Beverages and snacks are provided.



MEMBERSHIP SUNDAY NOV 17TH

On Sunday November 17th, during the worship service, we will be receiving new members to CBUC by transfer and profession of faith. If you are wanting to have your membership transferred or to join the congregation and be in full membership, please contact the church office or Mark Green prior to the 13th. A ritual will be incorporated into the service.



CONGREGATIONAL VOTE ON AMALGAMATION – NOV 24TH FOLLOWING WORSHIP

As has been announced numerous times since September, a congregational meeting and vote has been called for Sunday November 24th on the proposal for **Amalgamating with St Aidan's United Church.** You can read the proposal at cadbayuc.org/cbuc-online/ if you've not seen it yet for full details. Contained in the proposal is the actual wording of the motions that will be presented and voting will be by secret ballot. You must be on either the membership list or the adherents list posted in the hall in order to be eligible to vote. If you have any questions about this, please contact Sarah Schoeck, the CBUC council chair.



OUR PLACE MOVIE NIGHT

On the second Saturday of each month (except July and August), CBUC sponsors a "movie and pizza night" at Our Place. Members of the Our Place family appreciate this as a quiet, warm place to watch an old favourite, or a recent release, and then have an evening snack. Usually we have between 15 and 30 folks drop in, about half of them regulars every month. Each month we need 3 or 4 volunteers to make sure we have enough supplies, pick up a movie, set up the room and the A/V equipment, order the pizza and then clean up afterwards. Our Place family members are **usually helpful but it's good to have a few people on hand to ensure we can manage entry, distribute pizza quickly and operate the A/V equipment provided by Our Place.** We could use a couple more volunteers for this **crew for January to June.** You don't need to be available every month, but if we can expand our roster we can cover for people who are away or tied up that evening. Please contact Stephen Tyler on Sunday or at styler@uvic.ca to join the crew. It's fun and you get to see some good movies!



UNEARTHING INDIGENOUS RIGHTS: PAN AMERICAN SILVER IN GUATEMALA

Mining Justice Action Committee (MJAC), Victoria Central America Support Committee (CASC) and KAIROS invite you to a very special evening with Indigenous/Guatemalan land defenders. Learn about their courageous resistance to a Canadian mine that tries to operate without their consent.

Featured guests will be:

****Luis Fernando García Monroy: Luis was shot outside the mine when he was participating in a peaceful protest in 2013. He was subsequently a plaintiff in the lawsuit against Tahoe Resources. He works as a paralegal/community organizer with the Xinka parliament

****Ellen Moore: Ellen's path to extractive industry work began in Guatemala with the Network in Solidarity with the People of Guatemala. 2015, Ellen joined the Progressive Leadership Alliance of Nevada.

...
Monday, November 18, 2019 at 7 PM
Cadboro Bay United Church : 2625 Arbutus Rd.



KAIROS Blanket Exercise
Nov 17 1-3pm @ First Met United

Ticket prices are \$15, \$10 or \$5, based on ability to pay. The funds raised will be used to cover the costs of holding the blanket exercise. Please feel free to come at noon and enjoy a bowl of soup for a small charge. Should you require financial assistance to attend this event, inquire about bursaries at First Met. Deadline for Registration is Wednesday November 13, 2019.
<https://www.canadahelps.org/en/charities/first-metropolitan-united-church/events/20191117/>

KAIROS Blanket Exercise

We are grateful for the leadership of Indigenous partners joining us for this community experiential learning event and the circle debrief afterwards.

November 17 1:30-3:30pm

First Met United Church
932 Balmoral Rd

\$5-\$15 sliding participant fee
register through First Met website

Come at noon and enjoy a bowl of soup for a small charge.



Companioning Death

Thursday Afternoon Study Group
Nov 14-28 (1-3pm)



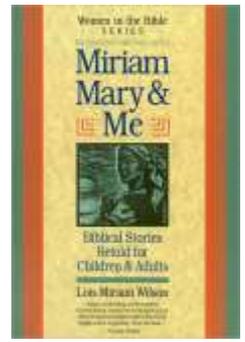
All of us will find ourselves accompanying people toward the end of their lives journey and responding to the loss of loved ones. We all need resources to help us go, live through and learn to live again after these experiences. This three session series is open to anyone who wants to understand both their own journey and the journey of others. Tom Attig will join Mark in leading these session and we will be working with his newly published companioning book entitled “Catching Your Breath in Grief”. Copies will be available for sale before the group starts and during the series as well. The cost is 12.50 each.

REGISTER: www.cadbayuc.org

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LIBRARY NEWS FOR NOVEMBER 2019

The story of Ruth and Naomi will be the focus for November. We will observe how Ruth, a Moabite, was received in Bethlehem when she returned with her mother-in-law to Naomi's home after her husband died. The Moabites and Israelites hated one another and intermarriage was forbidden by the Israelites so she faced deep prejudices. However, her strength and loyalty to her mother-in-law helped her to transform the exclusiveness of the Israelites to acceptance of a foreigner into their culture. We can learn from this story as we ponder the racism and exclusion that exists in our society.



One of the books highlighted this month that will help to explain the story of Ruth is Lois Wilson's book, *Miriam, Mary and Me*. It is a book of short stories about women of the Bible and the story of Ruth is on page 102. There are several new books in the library that discuss topics supporting our core values and our striving to create a new church. The first is *A Bigger Table, Building Messy, Authentic, and Hopeful Spiritual Community* by John Pavlovitz. This book challenges and encourages us to begin to live a life of radical inclusivity, to participate in letting love win in our broken world. *On Fire, The Burning Case for a Green New Deal* by Naomi Klein outlines the reasons for our dire situation but also gives us a glimpse of hope if we take immediate action to change our way of life.



The last adult book to be highlighted is *Unsettling Canada, A national Wake-up Call* by Arthur Manuel and Grand Chief Ronald M, Derrickson. This book is important for anyone who really wants to radically transform the colonial relationship between Indigenous nations and the Canadian state.

The first book for children to be highlighted is *My name is not Refugee* by Kate Milner. This book will help them understand what it is like for people coming to live in a new country with a different culture. The second book is *You Hold me Up* by Monique Gray Smith illustrated by Danielle Daniel. The importance of respect and the cultivation of compassion is emphasized in a delightfully simple way that young children will relate to. Please return any books you have finished reading so others can enjoy them too.



The Next VED (Volunteer Education & Development) Session will be as follows:

Date: Friday, 15 November 2019

Time: 5:30 p.m. to 8:30 p.m.

Location: OPS 919 Pandora, Chapel

Topic: Extraordinary Workers Session: Extraordinary Workers is a program developed by trauma therapists Kennedy Lewis and

Kelsey Mech focused on supporting frontline staff and volunteers who are struggling to cope with the demands of their roles. The Coping with the Extraordinary training will provide an in depth understanding of how trauma impacts your body and nervous system and how to cope with witnessing violence and other distressing events on shift. The training will also explore the impacts of grief and loss, witnessing suffering and dealing with injustice during your volunteer duties. The trainers will offer their perspective as former frontline workers turned certified counsellors, and provide tangible knowledge, coping strategies, and skills to help you take care of yourself so you can better show up for the communities you serve.

Please RSVP to Bre: bres@ourplacesociety.com we only have room for 45 people that respond first.

SUMMARY OF SITE REQUIREMENTS FOR NEW CHURCH & RECOMMENDATION FROM JOINT COUNCIL

Further information can be found in the November 2019 *St. Aidan's United Church & Cadboro Bay/Gordon Head United Church Amalgamation Proposal*

Summary of Site Requirements

- ⇒ No single property, in its current configuration, meets all of the needs for our new vision
- ⇒ Purchasing a new site is possible, but not recommended due to the time needed to zone for church activities
- ⇒ Re-imagining and renovating is required to create a space for our neighbourhood to regional church vision to flourish

What Do We Have?

- * All three sites have sufficient worship space
- * **Building size: St. A's 27,600 sq ft; CBUC 13,600 sq ft; GHUC 11,800 sq ft**
- * **All 3 churches are 2 levels: St. A's and GHUC have** sanctuary and related rooms built over a basement level; both are wheelchair accessible with elevator. CBUC is 2 level built on slab with upstairs rooms accessible only by stairs
- * **St A's has an accredited commercial kitchen. CBUC & GHUC both need kitchen upgrades**
- * GHUC: Walk Score (36/100), Transit (41/100) and is somewhat bikeable (44/100). CBUC: Walk Score (41/100), **Transit (44/100) with bike scoring not available. St. A's** Walk Score (79/100), Transit (56/100) and is very bikeable with a score of (79/100). These scores are from the 2019 Walk Score website
- * CBUC has the most parking stalls, & GHUC has the next **number. St A's has the least amount of parking stalls, but** has additional 26 parking spots within a one block radius and 2 additional public parking lots within a 2 block radius.
- * **All three sites are in the east half of Saanich, and St. A's** location is the closest to the center. GHUC lies within an **area where least population change is anticipated. CBUC's** is similar to GHUC, but is within a hore distance from a "village" node. **St. A's is near the Shelbourne-Cedar Hill "neighbourhood centre" where more significant change** and densification is expected.

What Does Our New Vision Need & Recommendation

- * Worship space—for traditional and new styles
 - * Program space for a robust, diverse, all ages program - **St. A's larger site is recommended**
 - * Desirable space for partnerships (building and room configuration)
- St A's internal layout and accessible location is seen as** desirable by potential partners therefore we recommend it
- * An accredited commercial kitchen gives more scope for community involvement as well as an ability to make and **serve gatherings around food. Therefore St A's site is** recommended
 - * Accessible by transit, walking & biking. Based on these Walkability, public transportation and bikeability scores
- Again, St. A's site is recommended indicating it is very** walkable, and bikeable with multiple and frequent public transportation
- * Sufficient parking is part of the vision, CBUC and GHUC both have larger lots. We wonder what parking needs will be in 10-20 yrs as green awareness prevails.

Based on other factors, St A's has adequate parking

- * Central location in the region and population density
- We recommend the St. A's location because of increased** population density and services already occurring and plans underway in Saanich to increase these

- * St. A's is in relatively good condition, with recent infrastructure updating. CBUC & GHUC require more infrastructure updating
- * Real estate values by professional appraisers show **these values: St A's \$3< as of May 2019; CBUC \$2.2M & GHUC \$1.8M both as of March 2016**

All properties are zoned in the P1 (Public Assembly) and St.A's is P1R (Public Assembly Restricted)

- * A building with few significant maintenance costs anticipated

We recommend the St A's site in this category

- * Preserving a legacy for future generations
Recommend keeping the property with the highest appraised value for future generations

- * The restriction is: Bingos, Casinos, and any other activity involving gambling or betting whether carried out for profit or not. This will not be a limited factor in the Vision we wish to

Recommendation: After considering the abundance of what we have, and weighing the needs of the future, *the Joint Council recommends that the St. Aidan's site be used as the permanent site for the Neighbourhood to Regional Vision. While the St. Aidan's site is deconstructed and renovated, the current CBUC site would be used as a temporary site.*

A Congregational Q and A Gathering will be held Wednesday, Nov. 13 at 7 pm at CBUC to discuss the above recommendation around site selection.



November 3	First Fruit Sunday Young Adults Lunch Sr. Youth Group	11:30am 7pm
November 10	Soup Sunday Intercultural Workshop	11:30am 12:15pm
November 11	Remembrance Day	Office Closed
November 13	Worship Committee Meeting Congregational Q&A Session	9:30am 7pm
November 14	Pastoral Care Committee Meeting 10am Companioning Death Series Begins	1pm
November 15	Jr. Youth Group	6:30pm
November 17	Membership Transfer Sunday Young Adults Lunch Sr. Youth Group	11:30am 7pm
November 18	Greeters Workshop Mining Justice Event - KAIROS	2pm 5pm
November 20	Council Meeting	7pm
November 23	Healing Pathways Practice Session	9am
November 24	Grandmothers Muffin Sale Congregational Meeting & Vote	11:30am
November 29	Jr. Youth Group	6:30pm
November 30	Movie Night	7pm

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